



## *Riverview Therapy Referral List*

| <i>Providers</i>                                                                                 | <i>Contact Info</i>                                                                                                                                                                                                                                                                                                         | <i>Age Range</i>                                    | <i>Insurances</i>                                                                                                                                                            | <i>Specialties</i>                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>Talk Therapy</b><br>Therapist / Social Worker / Counselor                                     |                                                                                                                                                                                                                                                                                                                             |                                                     |                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Empowering Mental Health Counseling Services</b><br><br><b>Providers:</b><br>Kelly Snee, LCSW | <b>Address:</b><br>3433 Lithia Pinecrest Rd,<br>Ste #138, Valrico, FL 33596<br><br><b>PH:</b> (813) 444-2216<br><b>E:</b> Info@empowermhs.com<br><br><b>Website:</b><br><a href="https://empowermhs.com/">https://empowermhs.com/</a><br><br><b>Services:</b><br>Florida, Texas, and Georgia<br><br><b>*Telehealth Only</b> | <b>Serves:</b><br>-Adolescent<br>-Adults            | <b>Insurances:</b><br>-Aetna<br>-Cigna<br>-BCBS<br>-UHC<br>-Florida Blue<br>-Oscar<br>-Oxford<br><br><b>Payments:</b><br>Initial Visit:<br>\$200<br><br>Follow ups:<br>\$135 | <b>Therapy:</b><br>-CBT Therapy<br>-Mindfulness Based Therapy<br>-Solution Focused Therapy<br>-Emotionally Focused Therapy<br>-Interpersonal Therapy<br>-Person centered Therapy<br>-Strength based Therapy<br>-Trauma Focused Therapy<br><br><b>Specialties:</b><br>-Anxiety/Depression<br>-Mood Disorders<br>-Grief/Loss<br>-Trauma/PTSD<br>-Adjustment Disorder<br>-Life Transitions<br>-Family conflicts/Parenting<br>-Coping Skills |
| <b>Ashley Vigil-Otero, Psy.D.</b><br><br><b>Providers:</b><br>Dr. Ashley Vigil-Otero, Psy.D      | <b>Address:</b><br>701 W. Azeele St. Ste A,<br>Tampa, FL 33606<br><br><b>PH:</b> (813) 530-5859<br><br><b>Website:</b><br><a href="https://www.drashleyvigil.com/">https://www.drashleyvigil.com/</a><br><br><b>*IN Person &amp; Telehealth</b>                                                                             | <b>Serves:</b><br>-Children 8+<br>-Teens<br>-Adults | <b>Insurance:</b><br>-Self Pay<br><br><b>Pricing:</b><br>Therapy:<br>\$200 and hour<br><br>Testing: \$250                                                                    | <b>Psychological Testing:</b><br>-Gifted Testing<br><br><b>Therapy:</b><br>-Consultations<br>-Adult Psychotherapy<br>-Children, Teen, and Family Therapy<br>-Parent Support<br><br><b>Specialities:</b><br>-Anxiety                                                                                                                                                                                                                      |

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| <b>W.A.R.R.I.O.R.</b><br><br><u>Providers:</u><br>Dr. Alexis Charrys<br>Psy.D., M.S., M.A.,<br>LMHC-QS | <u>Address:</u><br>3005 Lithia Pinecrest Rd,<br>Valrico, FL 33596<br><br>PH: (813) 291-4660<br>E: office@warriorheal.com<br><br><u>Website:</u><br><a href="https://warriorheal.com/the-practice">https://warriorheal.com/the-practice</a><br><br>*IN Person & Telehealth | <u>Serves:</u><br>-Adults<br>-Military | <u>Insurance:</u><br>-Tricare East<br>-Cigna<br>-UHC<br>-Aetna<br><br><u>Pricing:</u><br>Initial Visit:<br>\$250<br><br>Counseling:<br>\$200<br><br>Short session: \$100<br><br>Crisis session: \$250<br><br>Consults: \$80 | <u>Therapy:</u><br>-Behavior Therapy<br>-CBT<br>-REBT<br>-CPT<br>-ERP<br><br><u>Specialties:</u><br>-Military Related Issues<br>-Depression/Anxiety<br>-Trauma/PTSD<br>-Domestic violence |
| Ashley Lass, Psy.D. P.A.                                                                               | <u>Address:</u><br>3005 Lithia Pinecrest Rd.<br>Valrico, FL 33511<br><br>PH: (813) 789-3709<br><br>*Telehealth Only                                                                                                                                                       | <u>Services:</u><br>-Adults            | <u>Insurance:</u><br>-Tricare<br>-Gary Woods & Associates<br>*Medicaid*                                                                                                                                                     | <u>Speciality:</u><br>Adult Female Issues                                                                                                                                                 |

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| <b>Handled with Care Counseling</b><br><br><u>Provider:</u><br>Nichole Venegas, JD,<br>MA, RMHCI                                                                                  | <u>Address:</u><br>710 Oakfield Drive,<br>Brandon, Florida 33511,<br>United States<br><br>PH: (813) 263-5777<br><br><a href="#">Handled with Care Counseling</a>                                                                                                                                                                      | Teenagers<br><br>Young Adults<br><br>Adults                                                                 | Self Pay                                                                                                                                                                                                                                                           | Relationship Issues<br>Anxiety/OCD<br>Social Anxiety<br>PTSD First Responders/Military<br>Depression<br>Race-Related Stress<br>Grief<br>Body Image<br>Self esteem<br>Trauma- EMDR<br>Religious/Spiritual Safe Space<br>Professional Athlete Pressures                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Triangle Resolution</b><br><br><u>Providers:</u><br><b>LMHC:</b><br>-Dr. Damon Dye<br>-Morgan Hagstrom<br><br><b>LCSW:</b><br>-Lauren Renne<br><br><b>LMFT:</b><br>-Amanda May | <u>Address:</u><br>6013 Brandon Circle,<br>Riverview, FL 33578<br><br>PH: (813) 413 7575<br>Fax: 813 217 8174<br>E:healing@triangleresolutions.com<br><br><u>Website:</u><br><a href="https://triangleresolutions.com/about/">https://triangleresolutions.com/about/</a><br><br>*IN Person & Telehealth<br>(1st appt must be Telemed) | <u>Serves:</u><br>-Toddlers<br>-Preschool<br>-Children<br>-Preteens<br>- Adolescents<br>-Adults<br>-Seniors | <u>Insurances:</u><br>-Aetna EAP<br>-Cigna EAP<br>-BCBS<br>-Humana<br>-Tricare<br>-Anthem EAP<br>-Corporate Care Works EAP<br><br><u>Pricing:</u><br>-Free phone consults<br><br>Offers low cost and no cost therapy to those w/o insurance or financial struggles | <u>Therapy:</u><br>-Solution focused Therapy<br>-Emotional Focused Therapy<br>-Psychotherapy<br>-Brainspotting<br>-Couples/Marriage Therapy<br>-Youth Counseling<br>-First Responder<br>-Spiritual Counseling (yoga/meditation)<br>-Tutoring Services<br>-Gambling Addiction Counseling<br>-Emotional tool development<br>-Clinical Hypnosis<br>-Rapid Resolution Therapy<br><br><u>Specialties:</u><br>-Relationship issues<br>-Trauma<br>Behavioral planning<br>-PTSD<br>-ADHD<br>-Addiction<br>-Anger management<br>-Anxiety<br>-Codependency<br>-Depression<br>-Family contact<br>-Gambling<br>-Parent Coordination<br>-Dissociative disorders<br>-Impulse control disorders |

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| <p><b>Marie Fahringer, LMHC</b></p> <p><u>Providers:</u><br/>Marie Fahringer, M.A., LMHC</p> | <p><u>Address:</u><br/>1206 Millennium Pkwy Suite 2002<br/>Brandon, FL 33511</p> <p>PH: (813) 494-0656<br/>E:mariefahringer@gmail.com</p> <p><u>Website:</u><br/><a href="https://care.headway.co/providers/marie-fahringer?utm_source=pe&amp;utm_medium=direct_link&amp;utm_campaign=11315">https://care.headway.co/providers/marie-fahringer?utm_source=pe&amp;utm_medium=direct_link&amp;utm_campaign=11315</a></p> <p>*IN Person &amp; Telehealth</p> <p>*Speaks German</p> | <p><u>Serves:</u><br/>-Children<br/>-Teens<br/>-Adolescents<br/>-Adults<br/>-Seniors<br/>-Military</p> | <p><u>Insurance:</u><br/>-Aetna<br/>-Cigna<br/>-Tricare EAP<br/>-UMR<br/>-Oxford<br/>-GHI<br/>-UHC/UBC<br/>-Oscar<br/>-BCBS</p> <p><u>Pricing:</u><br/>Individual: \$130<br/><br/>Couples: \$180</p> | <p><u>Therapy:</u><br/>-Individual Therapy<br/>-Couples Therapy<br/>-REBT<br/>-Gesalt Approach<br/>-Solution Focused Therapy<br/>-Motivational Interviewing<br/>-Strength Based Therapy<br/>-Positive Psychology<br/>-Gottman Method</p> <p><u>Specialities:</u><br/>-PTSD/Trauma<br/>-Anxiety/Depression<br/>-Military Culture/Veteran<br/>-Anger Management<br/>-Relationship Issues<br/>-Men/Women Issues<br/>-BPD<br/>-Stress Management<br/>-Cancer</p>                                                                                                                                                                                                             |
| <p><b>PieWise Living</b></p> <p><u>Providers:</u><br/>Dr. Ann Witt<br/>MS, PH.D, LMHC</p>    | <p><u>Address:</u><br/>400 N. Ashley Dr Suite 2600 (26th Floor) Tampa, FL 33602</p> <p>PH: 727-287-5516</p> <p><u>Website:</u><br/><a href="https://www.psychologytoday.com/us/therapists/ann-witt-tampa-fl/155953">https://www.psychologytoday.com/us/therapists/ann-witt-tampa-fl/155953</a></p> <p>*IN Person &amp; Telehealth</p> <p>*Speaks Spanish</p>                                                                                                                    | <p><u>Serves:</u><br/>-Adolescents<br/>-Teens<br/>-Adults<br/>-Seniors<br/>-Military</p>               | <p><u>Pricing:</u><br/>First Hour is Free<br/><br/>Individual Sessions: \$300<br/><br/>Group Sessions: \$400</p>                                                                                     | <p><u>Therapy:</u><br/>-Gottman Method<br/>-Family/Marital Therapy<br/>-Personality Testing<br/>-Mindfulness Based<br/>-Motivational Interviewing<br/>-Solution Focused Therapy<br/>-Gestalt Therapy<br/>-Hynotherapy<br/>-DBT<br/>-CBT<br/>-Life Coaching<br/>-Accelerated Resolution Therapy<br/>-Holistic Perspective<br/>-Existential Approach<br/>-Eclectic Approach<br/>-Trauma Focused Therapy<br/>-Narrative<br/>-Career Counseling</p> <p><u>Specialities:</u><br/>-PTSD/Trauma<br/>-Anxiety/Depression<br/>-Personality Disorders<br/>-Coping Skills<br/>-OCD<br/>-Divorce<br/>-Behavioral Issues<br/>-Emotional Disturbances<br/>-LGBTQ+<br/>-Self Esteem</p> |

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| <p>New Life 360</p> <p><u>Providers:</u></p> <p><u>LMHC:</u></p> <ul style="list-style-type: none"> <li>-Deanna Pecini</li> <li>-Andrew Galvez</li> <li>-Celess Johnson</li> <li>-Ada Rodriguez</li> </ul> <p><u>LCSW:</u></p> <ul style="list-style-type: none"> <li>-Sherry Bradley</li> <li>-Jamaca Bradley</li> <li>-Ryan Norris</li> </ul> | <p><u>Brandon Address:</u><br/>1067 E Brandon Blvd.,<br/>Brandon, Florida 33511</p> <p>PH: (813) 548-1166</p> <p><u>Riverview Address:</u><br/>10017 Water Works Lane,<br/>Riverview, FL 33578</p> <p>PH: (813) 210 4542</p> <p><u>Website:</u><br/><a href="https://newlife360inc.com/">https://newlife360inc.com/</a></p> <p>*IN Person &amp; Telehealth</p> | <p><u>Serves:</u></p> <ul style="list-style-type: none"> <li>-Children -</li> <li>Adults</li> <li>-Military</li> </ul> | <p><u>Insurance:</u></p> <ul style="list-style-type: none"> <li>-BCBS</li> <li>-Cigna</li> <li>-Aetna</li> <li>-Humana</li> <li>-UHC</li> <li>-Tricare</li> <li>*Medicare*</li> </ul> <p><u>Pricing:</u><br/>Free<br/>Consults</p> <p>Sliding Scale<br/>(if eligible)</p> | <p><u>Therapy:</u></p> <ul style="list-style-type: none"> <li>-Individual, Group, Family Therapy</li> <li>-Christian Counseling</li> <li>-EMDR Therapy</li> <li>-Health Coaching</li> <li>-DBT Therapy</li> <li>-CBT Therapy</li> <li>-Addiction Therapy</li> <li>-Marriage/Couples Counseling</li> </ul> <p><u>Specialties:</u></p> <ul style="list-style-type: none"> <li>-Substance use Issues</li> <li>-Relationship Issues</li> <li>-Academic Concerns</li> <li>-Behavior Issues</li> <li>-Emotional Regulation</li> <li>-Adjustment Issues</li> <li>-Holistic</li> <li>-Trauma</li> <li>-Stress</li> <li>-Depression/Anxiety</li> <li>-ADHD</li> <li>-Women Issues</li> <li>-Mood Disorders</li> </ul> |

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| <p><b>Apollo Beach Therapy Center</b></p>                                                                                                                                                                                                                                                                                                                                                           | <p><b><u>Address:</u></b><br/>6520 Richies way<br/>Apollo Beach, FL 33572</p> <p>PH: (813) 252-1608<br/>E:LovelyOTD@gmail.com</p> <p><b><u>Website:</u></b><br/><a href="https://www.apollobeachtherapycenter.com/">https://www.apollobeachtherapycenter.com/</a></p>                           | <p><b><u>Serves:</u></b><br/>-Children -<br/>Adolescents</p> | <p><b><u>Insurance:</u></b><br/>-Self-Pay<br/>-Superbill<br/>-Gardner<br/>Scholarship</p> <p><b><u>Pricing:</u></b><br/>Free<br/>Consults</p> <p>1 Hour per<br/>week: \$130/H</p> <p>2 Hours per<br/>Week: \$120/H</p> <p>3 Hours per<br/>Week: \$115/H</p> | <p><b><u>Therapy:</u></b><br/>-Occupational Therapy<br/>-Speech Therapy<br/>-Physical Therapy<br/>-Group classes and<br/>programs</p> <p><b><u>Specialties:</u></b><br/>-Sensory Integration<br/>-Social Skills<br/>-Executive Functioning<br/>-Fine/Gross Motor Skills<br/>-Hand-Eye Coordination<br/>-Eating/Swallowing Issues<br/>-Delayed search, Non-<br/>verbal Communication<br/>-Autism<br/>-ADHD<br/>-Apraxia<br/>-Social Communication<br/>Disorders<br/>-Auditory Processing<br/>Disorders<br/>-Cerebral Palsy<br/>-Down Syndrome</p>                                                                              |
| <p><b>Amazing Kidz Therapy, PLLC</b></p> <p><b><u>Providers:</u></b></p> <p><b><u>Speech Therapists:</u></b><br/>-Andrea Esinhart,<br/>-Christine DeCicco<br/>-Lindsay Edmonds<br/>-Tara Fleming</p> <p><b><u>Occupational Therapists:</u></b><br/>-Kathleen Pici<br/>-Elizabeth Bowden<br/>-Alexis Cinotti<br/>-Colleen Horan</p> <p><b><u>Physical Therapists:</u></b><br/>-Dr. Alison Zebron</p> | <p><b><u>Address:</u></b><br/>687 W. Lumsden Rd.<br/>Brandon, FL 33511</p> <p>PH: (813) 643-1389<br/>Fax: (813) 315-6512<br/>E:Kathleen.Pici@AmazingKidzTherapy.com</p> <p><b><u>Website:</u></b><br/><a href="https://www.amazingkidztherapy.com/">https://www.amazingkidztherapy.com/</a></p> | <p><b><u>Serves:</u></b><br/>-0 -18 Years<br/>Old</p>        | <p><b><u>Insurance:</u></b><br/>In Network<br/>with most<br/>major<br/>insurances</p>                                                                                                                                                                       | <p><b><u>Therapy:</u></b><br/>-Occupational Therapy<br/>-Speech Therapy<br/>-Physical Therapy<br/>-Group Therapy<br/>-Seating Therapy</p> <p><b><u>Specialties:</u></b><br/>-Gait Disturbances<br/>-Autism<br/>-Lower Extremity and<br/>Strength<br/>-Strengthening Postural<br/>Control<br/>-Balance<br/>-Gross/Fine Motor<br/>Coordination<br/>-Equipment Fitting<br/>-Handwriting Support<br/>-Sensory Processing<br/>-Visual Motor/Perceptual<br/>Skills<br/>-Lifestyle Skills<br/>-Expressive Language<br/>-Auditory Processing/<br/>Receptive Language<br/>-Pragmatics<br/>-Apraxia<br/>-Oral Motor<br/>-Dysfluency</p> |

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| <p><b>Pediatric Therapy Services</b></p> <p><u>Providers:</u></p> <p><u>Speech Therapists:</u></p> <ul style="list-style-type: none"> <li>-Abigail Kubasky</li> <li>-Cassidy Kudja-Anna Underwood</li> <li>-Domenica Demeyere</li> <li>-Edward Broom</li> <li>-Emie Penafiel</li> <li>-Erica Winters</li> <li>-Haley Black</li> </ul> <p><u>Physical Therapists:</u></p> <ul style="list-style-type: none"> <li>-Brianna Roussin</li> <li>-Caitlyn Farrell</li> </ul> <p><u>Occupational Therapists:</u></p> <ul style="list-style-type: none"> <li>-Carly Palkovich</li> <li>-Christi Dutches</li> <li>-Jennifer Hargis</li> </ul>                                    | <p><u>Brandon Address:</u><br/>206 Ridgewood Ave<br/>Brandon, FL 33510</p> <p>PH: (813) 662-1060<br/>FAX: (813) 662-0530</p> <p><u>Lakeland Address:</u><br/>1215 E Orange St.<br/>Lakeland, FL 33801</p> <p>PH: (863) 802-3800<br/>Fax: (863) 802-0480</p> <p><u>Website:</u><br/><a href="https://ptsbeyourbest.com/">https://ptsbeyourbest.com/</a></p>                                                                                                                                                                        | <p><u>Serves:</u><br/>0-18 years old</p>                                                             | <p><u>Insurances:</u></p> <ul style="list-style-type: none"> <li>-BCBS</li> <li>-Aetna</li> <li>-CMS Title XXI</li> <li>-CMS XIX</li> <li>-Cigna</li> <li>-Healthy Kids</li> <li>-Meritian</li> <li>-Simple</li> <li>-Sunsine</li> <li>-Tricare</li> <li>-UHC</li> <li>-UHC</li> <li>*Medicaid</li> </ul>                                                                                                                            | <p><u>Therapy:</u></p> <ul style="list-style-type: none"> <li>-Feeding Therapy</li> <li>-Occupational Therapy</li> <li>-Speech Therapy</li> <li>-Physical Therapy</li> <li>-TheraSuit</li> </ul> <p><u>Specialties:</u></p> <ul style="list-style-type: none"> <li>-Sensory Integration</li> <li>-Social Skills</li> <li>-Executive Functioning</li> <li>-Fine Motor Skills</li> <li>-Gross Motor Skills</li> <li>-Hand-Eye Coordination</li> <li>-Eating/Swallowing Issues</li> <li>-Delayed search, Non-verbal Communication</li> <li>-Autism</li> <li>-ADHD</li> <li>-Apraxia</li> <li>-Social Communication Disorders</li> <li>-Auditory Processing Disorders</li> <li>-Cerebral Palsy</li> <li>-Down Syndrome</li> </ul> |
| <p><b>Ellie Mental Health</b></p> <p><u>Providers:</u></p> <p><u>LMHC:</u></p> <ul style="list-style-type: none"> <li>-Dee Roberts</li> <li>-Isaac Dumay</li> <li>-Kim Yeany</li> <li>-Marzett Harris</li> <li>-Hannah Baker</li> <li>-Jatharine Mercado</li> <li>-Kristie Berger</li> <li>-Melissa Georgopolis</li> <li>-Shelby Turner</li> </ul> <p><u>LCSW:</u></p> <ul style="list-style-type: none"> <li>-Erin McMahon</li> <li>-Heather Guzik</li> <li>-Jourdin Hering</li> <li>-Kelly Hall</li> <li>-Renee O'Connel</li> <li>-Chatham Lovette</li> <li>-Katherine Planchard</li> <li>-Kirby Kelleher</li> <li>-Lauren Simon</li> <li>-Taylor Vicente</li> </ul> | <p><u>Tampa Address:</u><br/>13674 W Hillsborough Avenue<br/>Tampa, FL 33635</p> <p>PH: (813) 819 8534</p> <p><u>Brandon Address:</u><br/>9 N Oakwood Ave Suite 105<br/>Brandon, FL 33510</p> <p>PH: (813) 819 8704</p> <p><u>St. Pete Address:</u><br/>9400 4th St. N Suite 200 St.<br/>Petersburg, FL 33702</p> <p>PH: (727) 513 2962</p> <p>E:EllieFL05901@elliementalhealth.com</p> <p><u>Website:</u><br/><a href="https://elliementalhealth.com/">https://elliementalhealth.com/</a></p> <p>*IN Person &amp; Telehealth</p> | <p><u>Serves:</u></p> <ul style="list-style-type: none"> <li>-ALL AGES</li> <li>-Military</li> </ul> | <p><u>Insurance:</u></p> <ul style="list-style-type: none"> <li>-Aetna</li> <li>-BayCare</li> <li>-BCBS</li> <li>-Cigna/Evern orth</li> <li>-Florida Blue</li> <li>-UHC</li> <li>-UMR</li> <li>-Optum</li> <li>-Oscar</li> <li>-Tricare</li> <li>-Magellan Health</li> <li>-Humana</li> <li>-Meritain Health</li> <li>-Lucet</li> <li>*Medicare</li> </ul> <p><u>Pricing:</u><br/>Free Consults</p> <p>Individual Sessions \$120</p> | <p><u>Therapy:</u></p> <ul style="list-style-type: none"> <li>-Individual, Family, Couples Therapy</li> <li>-Play Therapy</li> <li>-EMDR Therapy</li> <li>-Grief Therapy</li> <li>-Trauma-Informed Therapy</li> <li>-Accelerated Resolution Therapy (ART)</li> <li>-Dance Movement Therapy</li> <li>-DBT</li> <li>-Emotionally Focused Therapy</li> </ul> <p><u>Specialities:</u></p> <ul style="list-style-type: none"> <li>-ADHD</li> <li>-Anger Management</li> <li>-Bereavement &amp; Loss</li> <li>-Bipolar Disorder</li> <li>-Burnout/stress</li> <li>-Depression</li> <li>-Divorce</li> <li>-OCD/Phobias</li> <li>-Panic Disorders</li> <li>-Paranoia</li> <li>-Postpartum Depression</li> </ul>                       |

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|                                                                                                                                                                                                                                                   | *Speaks Spanish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                  | Sliding Scale<br>(if eligible)                                                                                                                                             | -PTSD/Trauma<br>-Self-Esteem/Self Harm<br>-Social Anxiety<br>-Suicidal Thoughts<br>-LGBTQ+<br>-Men/Women Issues                                                                                                                                                                                                                                                                                                                                                              |
| Revolutionary Change<br><br><u>Providers:</u><br><br><u>LMHC:</u><br>-Shaana Wilson<br>-Renata Varnadore<br>-Angela Canque-Kaplan<br>-Leslie Manly<br>Ashley Campbell<br><br><u>LCSW:</u><br>-Leah Schneider<br><br><u>LMFT:</u><br>-Kayla Wooten | <u>Apollo Beach Address:</u><br>1307 Apollo Beach Blvd.<br>Suite 101 Apollo Beach, FL.<br>33572<br><br><u>Orlando Address:</u><br>4700 Millenia Boulevard<br>Suite 175 Orlando, FL<br>32839<br><br><u>Jacksonville Address:</u><br>14333 Beach Blvd Ste 33<br>Jacksonville Beach, FL<br>32250<br><br>PH: (813) 296-7911<br>Fax: (813)200 1180<br><br><u>Website:</u><br><a href="https://revolutionarychange.org/">https://revolutionarychange.org/</a><br><br>*IN Person (Apollo Beach Only) & Telehealth | <u>Serves:</u><br>-Children<br>-Teens<br>-Adults | <u>Insurance:</u><br>In-network<br>with most<br>insurance<br>plans<br><br>*Medicaid*<br><br>HSA<br><br><u>Pricing:</u><br>Individuals/Couples/<br>Families:<br>\$100-\$150 | <u>Therapy:</u><br>-Family & Marriage Counseling<br>-Individual Counseling<br>-Transitional & Life Concerns<br>-Revolutionary Play<br>-Career Counseling<br><br><u>Specialties:</u><br>-Relational Stress<br>-Adoptions<br>-Codependency<br>-Parenting/ Divorce<br>-Teen violence<br>-Behavior Issues<br>- Anxiety<br>-Autism<br>-PTSD, OCD, ADHD<br>-Suicide Ideation<br>-Personality Disorders<br>-Spirituality<br>-Women's Issues<br>-Self Esteem<br>-Grief/Coping Skills |

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| <p><b>Stino Therapies / Blissful Thoughts Therapies</b></p> <p><u>Providers:</u></p> <p><u>LMHC:</u><br/>         -Niambi Espada<br/>         -Autumn Nickons<br/>         -Marissa Witter<br/>         Jadon Gibson</p> <p><u>LMFT:</u><br/>         -Tanquer Dyer<br/>         -Lara Asous</p>                                                                                                                                      | <p><u>Address:</u><br/>         160 E Bloomingdale Ave,<br/>         Brandon, FL, 33511</p> <p>PH: (813) 602-5910</p> <p><u>Website:</u><br/> <a href="https://www.stinotherapies.com/">https://www.stinotherapies.com/</a></p> <p>*IN Person &amp; Telehealth</p>                                                                                                                                                                                                                                                                                                                                                                                                                               | <p><u>Serves:</u><br/>         -Children - Adults</p> | <p><u>Insurance:</u><br/>         All major insurances and<br/>         *Medicaid*</p>                                                                                                                                                                                                                                                                                                                                                         | <p><u>Therapy:</u><br/>         -Individual/Group Therapy<br/>         -Couples Therapy/Divorce Mediation<br/>         -Family Therapy<br/>         -Mediation/Spiritual Mentoring<br/>         -Business Partner Therapy<br/>         -Parenting Coordination<br/>         -Life Coaching<br/>         -EMDR</p> <p><u>Specialties:</u><br/>         -ADHD, PTSD/Trauma<br/>         -Chronic Conditions<br/>         -Coping Skills/Stress<br/>         -Depression/Anxiety<br/>         -Divorce/Family Conflict<br/>         -Eating Disorder/Self Esteem<br/>         -Polyamory<br/>         -Sexual Issues<br/>         -Sleep Issues</p>                                                                                                                      |
| <p><b>Renewed Integrative Counseling</b></p> <p><u>Providers:</u></p> <p><u>LMHC:</u><br/>         -Thomia Thompson<br/>         -Danielle Filip<br/>         -Monica Stuart<br/>         -Jessica Dupree<br/>         -Keller Bender<br/>         -Jeannette Alcantara<br/>         -Amanda Levy</p> <p><u>LCSW:</u><br/>         -Vanessa Ayala<br/>         -Marabella Ramirez</p> <p><u>LMFT:</u><br/>         -Jose Pantojas</p> | <p><u>Riverview Address:</u><br/>         11912 Balm Riverview Rd.<br/>         Riverview, FL 33569</p> <p>PH: (813) 444-7116</p> <p><u>Wesley Chapel Address:</u><br/>         29160 Chapel Park Dr.<br/>         Wesley Chapel, FL 33543</p> <p>PH: (813) 825-0058</p> <p><u>Lakeland Address:</u><br/>         1074 S. Florida Ave. Suite<br/>         103 Lakeland, FL 33803</p> <p>PH: (863) 904-1541</p> <p>Fax: (813) 537-8580<br/>         Text: (833) 942-3717<br/>         E: info@renewedic.com</p> <p><u>Website:</u><br/> <a href="https://www.renewedic.com/">https://www.renewedic.com/</a></p> <p>*IN Person &amp; Telehealth</p> <p>*Practice has more providers on website</p> | <p><u>Services:</u><br/>         ALL AGES</p>         | <p><u>Insurance:</u><br/>         -Aetna<br/>         -Anthem / Elevance<br/>         -AvMed<br/>         -BayCare<br/>         -BCBS<br/>         -Cigna / Evernorth<br/>         -Fl Blue<br/>         -Humana<br/>         -Meritain Health<br/>         -UHC/UBH<br/>         -Optum<br/>         -Oscar<br/>         -Tricare<br/>         -UMR<br/>         -VA Community Care</p> <p><u>Pricing:</u><br/>         Free Consultation</p> | <p><u>Therapy:</u><br/>         -Life Coaching<br/>         -CBT<br/>         -Individual/Couple Counseling<br/>         -Christian Counseling<br/>         -EMDR Therapy<br/>         -ART Therapy<br/>         -TF-CBT<br/>         -Motivational Interviewing (MI)<br/>         -Internal Family Systems Therapy<br/>         -DBT<br/>         -Solution-Focused Therapy<br/>         -Solution Focused Therapy<br/>         -Emotion Focused Therapy<br/>         -Symbis Premarital Program<br/>         -Anger Management<br/>         -Gottman Method<br/>         -Sound Mind Program</p> <p><u>Specialties:</u><br/>         -Grief/loss<br/>         -ADHD<br/>         -Anxiety/Depression<br/>         -Life Transitions<br/>         -Substance Use</p> |

**Psychological Testing**  
Psychologist

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| <p>Suzanne Allie, Psy.D.</p> <p><u>Providers:</u><br/>Dr. Suzanne Allie, Psy.D,<br/>PA</p>           | <p><u>Address:</u><br/>3005 Lithia Pinecrest Rd,<br/>Valrico, FL 33596</p> <p>PH: (813) 425-2569<br/>Fax: (813) 425-4838</p>                                                                                                                    | <p><u>Serves:</u><br/>-Ages 2-17</p> | <p><u>Insurance:</u><br/>-Tricare<br/>-BCBS<br/>-SELF-PAY</p>                                                                               | <p>Psychological Testing</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p>Florida<br/>psychoeducational<br/>evaluations</p> <p><u>Providers:</u><br/>Stacy Zebrick, EdS</p> | <p><u>Address:</u><br/>10144 Arbor Run Dr, Tampa,<br/>FL 33647</p> <p>PH: (813) 384-8481</p> <p><u>Website:</u><br/><a href="https://www.floridapsychoeducationalevaluations.com/">https://www.floridapsychoeducationalevaluations.com/</a></p> | <p><u>Serves:</u><br/>Children</p>   | <p><u>Insurance:</u><br/>-Self pay<br/>-HSA/FSA<br/>-Superbill<br/>-FES-UA<br/>Scholarship</p> <p><u>Pricing:</u><br/>Free<br/>Consults</p> | <p><u>Psychological Testing:</u></p> <ul style="list-style-type: none"> <li>-504 and IEP Plans</li> <li>-Learning Disabilities (dyslexia, dysgraphia, dyscalculia)</li> <li>-Autism</li> <li>-Gifted Program</li> <li>-ADHD</li> <li>-Anxiety</li> <li>-Depression</li> <li>-Educational interventions</li> <li>-SE eligibility determination</li> <li>-Evaluations: cognitive processing, adaptive, social/emotional development</li> <li>-College board exam accommodations</li> <li>-Behavioral interventions</li> </ul> |

**Both Talk Therapy & Psychological Testing**

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| <p><b>Tampa bay Centers for Relational Psychology</b></p> <p><u><b>Providers:</b></u></p> <p><u><b>Psychologists:</b></u></p> <ul style="list-style-type: none"> <li>-Jeanne Peterson</li> <li>-Hege Riise</li> <li>-Sarah Boutros</li> </ul> <p><u><b>LMHC:</b></u></p> <ul style="list-style-type: none"> <li>-Jaclyn Lam</li> <li>-Valerie Siegman</li> <li>-Angel Montfort</li> </ul> <p><u><b>LMFT:</b></u></p> <ul style="list-style-type: none"> <li>-Meagan Gillespie</li> <li>-Valerie Siegman</li> </ul> <p><u><b>LCSW:</b></u></p> <ul style="list-style-type: none"> <li>-Amy Davis</li> </ul> | <p><u><b>Wesley Chapel Address:</b></u><br/>2100 Ashley Oaks Circle<br/>Wesley Chapel, FL 33544</p> <p><u><b>Land O Lakes Addressed:</b></u><br/>20747 Sterlington Drive,<br/>Land O Lakes, FL 34638</p> <p>PH: (813) 907-9191<br/>E: jp@tbcrp.com</p> <p><u><b>Website:</b></u><br/><a href="https://tbcrp.com/">https://tbcrp.com/</a></p> <p><b>*IN Person &amp; Virtual</b></p> <p><b>*Practice has more providers on website</b></p> | <p><u><b>Serves:</b></u></p> <ul style="list-style-type: none"> <li>-Children</li> <li>-Teens</li> <li>-Adults</li> </ul> | <p><u><b>Insurances:</b></u><br/>Varies based on Provider</p> <p><u><b>Pricing:</b></u><br/>Varies based on Provider</p> | <p><u><b>Psychological Testing:</b></u></p> <ul style="list-style-type: none"> <li>-Academic Concerns</li> <li>-Cognitive Processing</li> <li>-Personality assessments</li> </ul> <p><u><b>Therapy:</b></u></p> <ul style="list-style-type: none"> <li>-Couples/ Marriage Therapy</li> <li>-Adult &amp; Individual Therapy</li> <li>-Family Therapy</li> <li>-Child Psychology</li> <li>-Infertility Support</li> <li>-Parenting/Divorce</li> <li>-Step Family Planning</li> <li>-Couples Workshops</li> <li>-Substance Abuse</li> <li>-Individual &amp; Group - Psychotherapy</li> <li>-DBT</li> </ul> <p><u><b>Specialties:</b></u></p> <ul style="list-style-type: none"> <li>-Depression</li> <li>-Anxiety</li> <li>-Life Transitions</li> <li>-Relationship Issues</li> <li>-ADHD</li> <li>-PTSD</li> <li>-Grief/Loss</li> <li>-Panic Disorders</li> <li>-Social Anxiety</li> <li>-OCD</li> <li>-Coping</li> <li>-Stress</li> <li>-Military issues</li> <li>-Traditional &amp; Non-Traditional Families</li> </ul> |
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| <p><b>Hammond Psychology &amp; Associates, P.A.</b></p> <p><u><b>Providers:</b></u></p> <p><u><b>Psychologists:</b></u><br/>         -Nekeshia Hammond<br/>         -Dr. Doris Ryan</p> <p><u><b>LCSW:</b></u><br/>         -Bethany Hutto<br/>         -Lady Rubino Olivo</p> <p><u><b>LMHC:</b></u><br/>         -Kenneth Winter</p> | <p><u><b>Address:</b></u><br/>         710 Oakfield Dr # 153,<br/>         Brandon, FL 33511</p> <p><u><b>Plant City Address:</b></u><br/>         1805 James L. Redman<br/>         Pkwy, Ste 201, Plant City, FL<br/>         33563</p> <p>PH: (813) 654-0503<br/>         E:admin@hammondpsychology.com</p> <p><u><b>Website:</b></u><br/> <a href="https://hammondpsychology.com/">https://hammondpsychology.com/</a></p> | <p><u><b>Serves:</b></u><br/>         -Children<br/>         -<br/>         Adolescents<br/>         -Teens<br/>         -Adults</p> | <p><u><b>Insurances:</b></u><br/>         -Tricare<br/>         -Superbill<br/>         -SELF-PAY</p> | <p><u><b>Therapy:</b></u><br/>         -CBT<br/>         -DBT<br/>         -Accelerated Resolution<br/>         Therapy<br/>         -Emotionally Focused<br/>         Therapy</p> <p><u><b>Psychological Testing:</b></u><br/>         -ADHD Evaluations<br/>         -Learning Disability<br/>         Evaluations<br/>         -Gifted Testing<br/>         -Homeschool Evaluations<br/>         -Psychoeducational<br/>         Evaluation<br/>         -Emotional Wellness<br/>         Evaluations<br/>         -College Accommodations<br/>         Evaluations</p> <p><u><b>Specialties:</b></u><br/>         -Anxiety/Depression<br/>         -Trauma/PTSD<br/>         -Stress/Burnout<br/>         -Self Esteem<br/>         -Relationship CHallenges<br/>         -Grief<br/>         -Life Transitioning<br/>         -Behavioral Difficulties<br/>         -Coping Skills</p> |
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| <p>Brandon Area Psychology Associates, LLC</p> <p><u>Providers:</u></p> <p><u>Psychologists:</u></p> <ul style="list-style-type: none"> <li>-Bulent Dincer</li> <li>-Laura Dincer</li> <li>-Jessica Mahoney</li> <li>-Kimberly Miller</li> <li>-Lauren Brown</li> <li>-Daniela Venosa</li> </ul> <p><u>LMFT:</u></p> <ul style="list-style-type: none"> <li>-Erica Sanchez</li> <li>-Jessica Curran</li> <li>-Erica Willer</li> </ul> <p><u>LMHC:</u></p> <ul style="list-style-type: none"> <li>-Jeannine Jones</li> </ul> | <p><u>Address:</u><br/>3457 Brook Crossing Drive<br/>Brandon, FL 33511</p> <p>PH: (813) 774-3264<br/>Fax: (813) 600-5503</p> <p><u>Website:</u><br/><a href="https://www.brandonareap.sychology.com/">https://www.brandonareap.sychology.com/</a></p> <p>*IN Person &amp; Virtual</p> | <p><u>Serve:</u></p> <ul style="list-style-type: none"> <li>-Children</li> <li>-</li> <li>-Adolescents</li> <li>-Adults</li> </ul> | <p><u>Insurance:</u><br/>Differs based on provider</p> <p><u>Pricing:</u><br/>Sliding scale options available</p> <p>Pricing varies based on provider</p> | <p><u>Psychological Testing:</u></p> <ul style="list-style-type: none"> <li>-Psychological Assessments</li> <li>-Academic Testing</li> <li>-ADHD</li> <li>-Behavioral Testing</li> <li>-Social Skills Difficulties</li> </ul> <p><u>Therapy:</u></p> <ul style="list-style-type: none"> <li>-Individual Counseling</li> <li>-Marriage/Couples</li> <li>- Family Therapy</li> <li>-Parental divorce/separation</li> <li>-Parental Military Deployment</li> </ul> <p><u>Specialties:</u></p> <ul style="list-style-type: none"> <li>-Anxiety</li> <li>-ADHD</li> <li>-Relationship Issues</li> <li>-GLBTQ</li> <li>- Depression</li> <li>-Grief</li> <li>- Trauma</li> <li>- Behavioral issues</li> <li>-Anger Management</li> <li>-Mood disorders</li> <li>-Women's issues</li> </ul> |
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| <p><b>Dr. Lake &amp; Associates</b></p> <p><u><b>Providers:</b></u></p> <p><u><b>Psychologists:</b></u><br/>         -Monica Lake<br/>         -Yael Lieber<br/>         -Gregory Vitale</p> <p><u><b>School Psychologists:</b></u><br/>         -Lacey Prines<br/>         -Victoria Wilson<br/>         -Stephanie Vega</p> <p><u><b>LMHC:</b></u><br/>         -Brooke Childs-Brammer<br/>         -Jennifer Warren<br/>         -Madison Dreiss</p> <p><u><b>LMFT:</b></u><br/>         -Luzmary Gonzalez<br/>         -Weronika Willcox</p> <p><u><b>LCSW:</b></u><br/>         -Jo-Anne Ballard<br/>         -Patricia Aguirre</p> <p><u><b>Psychometrician:</b></u><br/>         -Missy Wessling<br/>         -Chloe Patchin<br/>         -Rebecca Wallin</p> | <p><u><b>Tampa Address:</b></u><br/>         1802 N Armenia Ave,<br/>         Tampa, FL 33607</p> <p><u><b>Brandon Address:</b></u><br/>         103 E Bloomingdale Ave<br/>         Brandon, FL 33511</p> <p>PH: (813) 444-8760<br/>         E:hello@drmonicalake.com</p> <p><u><b>Website:</b></u><br/> <a href="https://www.drmonicalake.com/">https://www.drmonicalake.com/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> <p><b>*Practice has more providers on website</b></p> | <p><u><b>Serves:</b></u><br/>         -Children 2+<br/>         -Adults</p> | <p><u><b>Insurance:</b></u><br/>         -Aetna<br/>         -Baycare<br/>         -Cigna<br/>         -BCBS<br/>         -Florida Blue<br/>         -Humana<br/>         -Oscar<br/>         -Oxford<br/>         -PHCS<br/>         -UHC<br/>         -Tricare<br/>         -Triwest<br/> <b>*Medicare</b></p> <p><u><b>Pricing:</b></u><br/>         Free<br/>         Consults</p> <p>Individual/<br/>         Family: \$90-\$250</p> <p>Parent<br/>         Coaching/<br/>         Behavior<br/>         Mgmt: \$90-\$250</p> <p>Gifted<br/>         Evaluations:<br/>         \$350-\$550</p> | <p><u><b>Neuropsychological Testing:</b></u><br/>         -Autism &amp; ADOS-2<br/>         Evaluations<br/>         -Baseline Evaluation<br/>         Gender Affirming Surgery<br/>         -Tele-Assessment<br/>         -504 &amp; IEP Support &amp; advocacy</p> <p><u><b>Therapy:</b></u><br/>         -Individual, Group &amp; -<br/>         Online Counseling<br/>         -Christian Counseling<br/>         -Animal Assisted Therapy (AAT)<br/>         -Expressive Art Therapy<br/>         -Parent Training</p> <p><u><b>Specialities:</b></u><br/>         -Anxiety<br/>         -Autism<br/>         -Depression<br/>         -OCD<br/>         -Grief<br/>         -Trauma<br/>         -Gifted , School Problems<br/>         -Behavioral Management<br/>         -Reinforcement Schedules<br/>         -DBT Skills<br/>         -Social Skills</p> |
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| <p><b>Healthy Mind Specialists</b></p> <p><u>Providers</u></p> <p><u>Psychologists:</u></p> <ul style="list-style-type: none"> <li>-Dr. Grissel Lloyd</li> <li>-Dr. Asia Wardlaw</li> <li>-Dr. Maria Ruiz</li> <li>-Dr. Sonia Javani</li> </ul> <p><u>LMHC:</u></p> <ul style="list-style-type: none"> <li>-Kiyomi Taylor</li> <li>-Chloe Johnson</li> <li>-Lori SMith</li> </ul> <p><u>LCSW:</u></p> <ul style="list-style-type: none"> <li>-Morgan Adams</li> <li>-Edward Porter</li> </ul> <p><u>Life Coach:</u></p> <ul style="list-style-type: none"> <li>-Traci Adams</li> </ul> | <p><u>Address:</u><br/>11906 Boyette Road<br/>Riverview, FL 33569</p> <p>PH: (813) 609-2034<br/>E:info@healthymindspecialists.com</p> <p><u>Website:</u><br/><a href="https://healthymindspecialists.com/">https://healthymindspecialists.com/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> | <p><u>Serves:</u></p> <ul style="list-style-type: none"> <li>-Children</li> <li>-Teens</li> <li>- Adults</li> </ul> | <p><u>Insurance:</u></p> <ul style="list-style-type: none"> <li>-Aetna</li> <li>-UHC</li> <li>-Oscar</li> <li>-Oxford</li> </ul> <p><u>Pricing:</u></p> <p>Individual therapy - Psychologist</p> <p>First Session: \$250</p> <p>Subsequent Sessions: \$225</p> <p>Individual therapy - LMHC</p> <p>First Session: \$200</p> <p>Subsequent Sessions: \$175</p> <p>Evaluations \$400 - \$4000</p> <p>Life Coaching \$100 per session</p> | <p><u>Therapy:</u></p> <ul style="list-style-type: none"> <li>-Individual Therapy</li> <li>-EMDR Therapy</li> <li>-Integrative Psychological Services</li> <li>-Wellness Coaching</li> <li>-Group Therapy</li> </ul> <p><u>Psychological Testing:</u></p> <ul style="list-style-type: none"> <li>-Comprehensive Psychological Evaluations</li> <li>-ADHD Evaluations</li> <li>-IEP Consultations</li> </ul> <p><u>Specialties:</u></p> <ul style="list-style-type: none"> <li>-Life Transitions</li> <li>-Mindfulness</li> <li>-OCD</li> <li>-Anxiety Disorders</li> <li>-Self Esteem</li> </ul> |
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| <p><b>Grow &amp; Glow Behavioral Health LLC.</b></p> <p><u><b>Providers:</b></u><br/>Blair Tiffany LCSW</p> | <p><u><b>Address:</b></u><br/>11001 Golden Silence Dr.<br/>Riverview, FL 33579</p> <p>PH: (813) 701-8161<br/>E:growandglowbh@gmail.com</p> <p><u><b>Website:</b></u><br/><a href="https://www.growandglowbh.com/">https://www.growandglowbh.com/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> | <p><u><b>Serves:</b></u><br/>ALL AGES</p> | <p><u><b>Insurances:</b></u><br/>-Aetna<br/>-BCBS<br/>-Cigna<br/>-Oscar<br/>-Oxford<br/>-UHC<br/>-Tricare<br/>*Medicare<br/>*Medicaid</p> <p><u><b>Pricing:</b></u><br/>K-2 After School Program: \$180</p> <p>Grades 3-5 After School Program: \$180</p> <p>Individual Sessions: \$135</p> <p>Couple Sessions: \$160</p> <p>Sliding scale (if eligible)</p> | <p><u><b>Therapy:</b></u><br/>-CBT<br/>-Family/Couples Therapy<br/>-Trauma Based Therapy<br/>-Psychodynamic Therapy<br/>-Humanistic Therapy<br/>-Case Management<br/>-ABA Therapy</p> <p><u><b>Psychological Testing:</b></u><br/>-Neurological Evaluations<br/>-Developmental Evaluations<br/>-Multidisciplinary Evaluations<br/>-In school/home Evaluations<br/>-Behavioral Assessments<br/>-Youth Mental Health Evaluations</p> <p><u><b>Specialties:</b></u><br/>-Autism<br/>-ADHD/OCD<br/>-Conduct Disorder<br/>-Depression/Anxiety<br/>-PTSD/Trauma<br/>-Eating Disorders<br/>-Grief<br/>-Intellectual Functional</p> |
| <p><u><i>Medicare / Medicaid Psychiatric - Medication Management / Talk Therapy</i></u></p>                 |                                                                                                                                                                                                                                                                                                    |                                           |                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

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| <p><b>Building New Horizons, Inc</b></p> <p><u><b>Providers:</b></u></p> <ul style="list-style-type: none"> <li>-Jeanne Botz, APRN, MSN, PMHNP-BC</li> <li>-Sharon Krieger MS, APRN</li> <li>-Tom Maxwell, RN</li> </ul> <p><b>(Psychiatric &amp; Mental Health Nurse Practitioners)</b></p> | <p><u><b>Address:</b></u><br/>33920 US Hwy 19 N, Ste 325, Palm Harbor, FL 34684</p> <p>PH: (727) 670-4951<br/>Fax: (727) 330-7551</p> <p><u><b>Website:</b></u><br/><a href="https://buildingnewhorizons.com/">https://buildingnewhorizons.com/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> | <p><u><b>Serve:</b></u></p> <ul style="list-style-type: none"> <li>-ALL AGES</li> <li>-Military</li> </ul> | <p><u><b>Insurance:</b></u></p> <ul style="list-style-type: none"> <li>-Aetna</li> <li>-Cigna</li> <li>-UHC</li> <li>-AARP</li> <li>-BCBS</li> <li>-Fl Blue</li> <li>-American Health Plan</li> <li>-Humana</li> <li>-BHS</li> <li>-EHS</li> <li>-EHN</li> <li>-Carelton</li> <li>-Devoted Healthcare Insurance</li> <li><b>*MEDICARE*</b></li> </ul> <p><u><b>Pricing:</b></u></p> <p>Psych Evals: \$300</p> <p>Med Mgmt: \$150</p> | <p><u><b>Therapy:</b></u></p> <ul style="list-style-type: none"> <li>-Medication Management</li> <li>-Group Therapy</li> <li>-</li> <li>Psychotherapy/Counseling</li> <li>-Bio&amp;Neurofeedback</li> <li>-LENS</li> <li>-Heart Rate Variability Training</li> <li>-Alpha Stim</li> <li>-PEMF FlexPulse</li> </ul> <p><u><b>Psychological Testing:</b></u></p> <ul style="list-style-type: none"> <li>-Neurological Testing</li> <li>-Genomind</li> <li>Pharmacogenetic Testing</li> <li>-Psychological Evaluations</li> </ul> <p><u><b>Specialties:</b></u></p> <ul style="list-style-type: none"> <li>-Anger Management</li> <li>-Substance Abuse</li> <li>-OCD/Phobia</li> <li>-Anxiety/Depression</li> <li>-PTSD</li> <li>-Men/Women Issues</li> <li>-Mood Disorders</li> <li>-Irrational Fears / Phobias</li> <li>-Suicidal Tendencies</li> </ul> |
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| <p>Life Stance Health</p> <p><b><u>Providers:</u></b></p> <p><b><u>NPs:</u></b><br/>         -Caridad Martinez Watson<br/>         -Yulonda Leverett<br/>         -Peter Stoyanov<br/>         -Scott Greaser</p> <p><b><u>Psychiatrists:</u></b><br/>         -Robert Wilkins<br/>         -Kevin Whitlock</p> <p><b><u>Therapist:</u></b><br/>         -Allison Broyles<br/>         -Bill Cruz<br/>         -Anthony Blout<br/>         -Maranatha Nelson<br/>         -Franchesca Vicente</p> <p>(Psychiatrist,<br/>         Psychologist,<br/>         Therapist)</p> | <p><b><u>Brandon Address:</u></b><br/>         615 Oakfield Drive<br/>         Brandon, FL 33511</p> <p>PH: (844) 638-6690<br/>         Fax: (813) 200-9860</p> <p><b><u>Tampa Address:</u></b><br/>         14499 N Dale Mabry Hwy,<br/>         Tampa, FL 33618</p> <p>PH: (813) 530-1414<br/>         Fax: (813) 556-2231</p> <p><b><u>Website:</u></b><br/> <a href="https://lifestance.com/location/tampa-fl-14499-n-dale-mabry-highway/">https://lifestance.com/location/tampa-fl-14499-n-dale-mabry-highway/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> <p><b>*Speaks Spanish, Bulgarian, Russian, Macedonian, Hindu, Urdu, German</b></p> <p><b>*Practice has more providers on website</b></p> | <p><b><u>Serves:</u></b><br/>         - Adolescents<br/>         -Adults<br/>         -Seniors</p> | <p><b><u>Insurance:</u></b><br/>         -Advent Health<br/>         -Aetna<br/>         -BCBS<br/>         -BHS<br/>         -Beacon<br/>         -Huamna<br/>         -Fl Blue<br/>         -Cigna<br/>         HealthSmart<br/>         -Claritev<br/>         -Centivo<br/>         -Magellan<br/>         -MHP<br/>         -UHC<br/>         -Quest<br/>         -Tricare<br/> <b>*Medicare*</b></p> | <p><b><u>Therapy:</u></b><br/>         -TMS/Spavato<br/>         -Psychotherapy<br/>         -Group Therapy<br/>         -Individual, Couples, Family Therapy<br/>         -Parent-Child Interaction Therapy<br/>         -CBT<br/>         -Faith-Based Therapy<br/>         -ABA Therapy<br/>         -ACT<br/>         -Art Therapy</p> <p><b><u>Psychological Testing:</u></b><br/>         -Autism Evaluations<br/>         -Medication Management<br/>         -Neurological Testing<br/>         -ADHD Testing</p> <p><b><u>Specialties:</u></b><br/>         -ADHD/OCD<br/>         -Substance Issues<br/>         -Mood Disorders<br/>         -Anxiety/Depression<br/>         -Eating Disorders<br/>         -Grief/Loss<br/>         -Couples Issues<br/>         -PTSD/Trauma<br/>         -Men/Women Issues<br/>         -Life Transitions<br/>         -Behavior Issues<br/>         -School Avoidance<br/>         -Sleep Issues</p> |
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| <p><b>Pivoting Minds Psychiatry</b></p> <p><u><b>Providers:</b></u><br/> -Trevon Friar, PMHNP-BC<br/> -Christina Ambroise AGNP-C, PMHNP-BC<br/> -Adianez Gonzalez PMHNP-BC, FNP-BC</p>                                                                                                                         | <p><u><b>Address:</b></u><br/> 11968 Balm Riverview Rd,<br/> Riverview, Florida 33569</p> <p>PH : (813) 819-3335<br/> Fax: (866) 885-1512<br/> E:info@pivotingmindspsyhiatry.com</p> <p><u><b>Website:</b></u><br/> <a href="https://www.pivotingmindspsychiatry.com/">https://www.pivotingmindspsychiatry.com/</a></p> <p><b>*IN Person &amp; Telehealth</b></p> | <p><u><b>Serves:</b></u><br/> Adults &amp; Seniors</p>                                   | <p><u><b>Insurance:</b></u><br/> -Aetna<br/> -Oscar<br/> -Avmed<br/> -Humana<br/> -Optum<br/> -Tricare<br/> -UHC<br/> <b>*Medicare</b></p>                                                                                                             | <p><u><b>Therapy:</b></u><br/> -Medication Management<br/> -TMS/Spravto<br/> -Psychotherapy<br/> -Long Acting Injectables<br/> -Addiction Recovery</p> <p><u><b>Psychological Testing:</b></u><br/> -Genetic Testing<br/> -Comprehensive Psychiatric Evaluations<br/> -Psychiatric Consultations<br/> -Pharmacogenomic Testing<br/> -In home Drug Screening</p> <p><u><b>Specialties:</b></u><br/> -Anxiety/Depression<br/> -ADHD/OCD<br/> -PSD/Trauma<br/> -Alzheimers and Dementia<br/> -Mood Disorders<br/> -Substance Issues<br/> -Sleep Issues<br/> -Behavioral Disorders<br/> -Substance Induced Psychosis</p> |
| <p><b>On Point Behavioral Health</b></p> <p><u><b>Providers:</b></u></p> <p><u><b>Physician Assistants:</b></u><br/> -Kevin Williams<br/> -Ariel Lepak<br/> -Stephanie Davis<br/> -Michael Trueba<br/> -Brittini Belcher</p> <p><u><b>Nurse Practitioners:</b></u><br/> Jennifer Clarke<br/> -Nicole Beach</p> | <p><u><b>Address:</b></u><br/> 6943 E Fowler Ave, Temple Terrace, FL 33617</p> <p>PH: (813) 803-2999<br/> Fax: (813) 649-3013<br/> E: info@onpointcare.net</p> <p><u><b>Website:</b></u><br/> <a href="https://www.onpointcare.net/">https://www.onpointcare.net/</a></p> <p><b>*IN Person &amp; Telehealth</b></p>                                               | <p><u><b>Serves:</b></u><br/> -Children<br/> -Adolescents<br/> -Adults<br/> -Seniors</p> | <p><u><b>Insurance:</b></u><br/> -AARP<br/> -Aetna<br/> -UMR<br/> -Ambetter<br/> -Avmed<br/> -Optum<br/> -Humana<br/> -ChampaVA<br/> -UHC<br/> -Oscar<br/> -Magellan Health<br/> -Cigna<br/> -CarePlus<br/> <b>*Medicare</b><br/> <b>*Medicaid</b></p> | <p><u><b>Therapy:</b></u><br/> -Individual Therapy<br/> -Medication Management</p> <p><u><b>Psychological Testing:</b></u><br/> -ADHD Testing<br/> -Alzheimer's/Dementia Testing<br/> -Autism Evaluations<br/> -Neurological Testing</p> <p><u><b>Specialties:</b></u><br/> -ADHD/OCD<br/> -Behavioral Disorders<br/> -Anxiety/Depression<br/> -Mood Disorders<br/> -Dementia/Alzheimers<br/> -Eating Disorders<br/> -Women's Issues<br/> -Developmental Disorders<br/> -Traumatic Brain Injury</p>                                                                                                                  |

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| <p><b>Brandon Psychiatric Group</b></p> <p><u>Providers:</u></p> <p><u>MD:</u><br/>-Hany Botros Mikhail</p> <p><u>Nurse Practitioners:</u><br/>-Dipa Solanki<br/>-Sierra Shankle<br/>-Kemi Mitchell</p> <p><u>Therapists:</u><br/>-Marlyn Ekladios<br/>-Renee Johnson<br/>-CJ Joerg</p> | <p><u>Address:</u><br/>106 W Windhorst Rd<br/>Brandon, FL 33510</p> <p>PH: (813) 373-9531<br/>Fax: (813) 413-4330</p> <p><u>Website:</u><br/><a href="https://www.brandonpsychgroup.com/">https://www.brandonpsychgroup.com/</a></p> <p>*IN Person &amp; Telehealth</p> <p>*Speaks Spanish, Arabic, Hindu</p> <p>*Offers some day or next day appts</p> | <p><u>Serves:</u><br/>-Children 5+<br/>-Adolescents<br/>-Adults</p> | <p><u>Insurance:</u><br/>-AARP<br/>-Aetna<br/>-AllSavers<br/>-Ambetter<br/>-Anthem<br/>-Avmed<br/>-BCBS<br/>-Careplus<br/>Cigna<br/>-Carelton<br/>-Devoted<br/>-Freedom<br/>-GEHA<br/>-HCA<br/>-HUMana<br/>-Optimum<br/>-Oscar<br/>-Tricare<br/>-Sunshine<br/>-UHC<br/>-Wellcare<br/>*Medicare</p> | <p><u>Therapy:</u><br/>-Medication Management<br/>-Individual/Group Counseling</p> <p><u>Specialties:</u><br/>-Behavioral Issues<br/>-Substance Use<br/>-Anxiety/Depression<br/>-Mood Disorders</p> |
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## Resources

**National Suicide Prevention Lifeline: (800) 273-8255**

**National Suicide Prevention LifeLine Chat:**

<https://suicidepreventionlifeline.org/chat/>

**Crisis Center of Tampa Bay**

<https://www.crisiscenter.com/>

**Hillsborough County NAMI**

<https://namihillsborough.org/>

**Hillsborough County Health Department**

<http://hillsborough.floridahealth.gov/>

**National Pregnancy Registry for Psychiatric Medications**

<https://womensmentalhealth.org/research/pregnancyregistry/>

**Substance Abuse and Mental Health Services Administration**

<https://www.samhsa.gov/>

**Medicare**

<https://www.medicareplans.com/mental-health-care-outpatient-for-medicare/>

**Caregiver Support Guide**

<https://www.caring.com/caregivers/burnout/>

**Suicide Prevention Lifeline**

<https://988lifeline.org/>

**Disaster Distress Helpline**

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

**Veterans Crisis Line**

<https://www.veteranscrisisline.net/>

## Treatment Center

**North Tampa Behavioral Health**

(813) 922-3300

**White Sands Treatment Center**

(833) 493-5051

**La Amistad**

(407) 647-0660

**Gracepoint Behavioral Health**

(813) 244-4906

**SpringBrook Behavioral**

(863) 834-8013

**First Steps Sarasota**

(941) 366-5333

**BeachWay**

(877) 784-9568

**Banyan Detox**

(561) 375-5318

## Resources for Children

**Tool Kits provided by Autism Speaks**

-<https://www.autismspeaks.org/family-services/tool-kits>

**Safety Resources by Autism Speaks**

- <https://www.autismspeaks.org/wandering-resources>

**Handwriting Without Tears**

-<http://www.hwtears.com/hwt>

**National Down Syndrome Society**

- <http://www.ndss.org/Resources/>

**F.R.I.E.N.D.S. of Tampa Bay**

- <http://friendsdownsyndrometampa.com>

Revised 6/2026